## **Moderating Usability Tests: 10 Golden Rules**

Beth Loring and Joe Dumas Boston UPA Conference May 28, 2008



### Overview

- Where the rules came from
- The 10 Golden Rules
- Video illustrating good and poor practices
- Discussion of videos
- Questions



## Summary of the Rules

- 1. Decide how to interact based on the purpose of the test
- 2. Protect participants' rights
- 3. Remember your responsibility to future users
- 4. Respect participants as experts, but remain in charge
- 5. Be professional, which includes being genuine
- Let the participants speak!
- Remember that your intuition can hurt and help you
- Be unbiased
- 9. Don't give away information inadvertently
- 10. Watch yourself to keep sharp



## The "art" of interacting

- There is no research on good and bad interaction practices
- Almost everyone learns as an apprentice, with little feedback after the first 2-3 sessions
- We have experience, but don't believe that there is one "right" way to interact



#### Your roles as a moderator

- The Gracious Host
  - ☐ Greet the participant warmly
  - □ Accommodate them in every way possible
- The Leader
  - Control the pacing of the session
  - □ Take charge
- The Neutral Observer
  - ☐ Let the participants speak
  - Be unbiased



#### How much to interact

- Every administrator has a style of interacting –
  no research on whether <u>amount</u> of interaction matters
- You always intervene when you think the participant does not understand the task
- Points to consider:
  - □ When you talk, you influence the test results in some way
  - Probes/questions should further the goals of the test
  - Are you evaluating the product through the participant?
  - □ Are you speaking to developers through the participant?

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## Decide how to interact based on the purpose of the test

- The type of test
  - ☐ You can be more interactive in a diagnostic test
  - □ Competitive or benchmark testing requires minimal interaction
- The stage of product development
  - In earlier stages there is more probing and exploration
  - □ In later stages, you may want to gather data to validate the design
- Your relationship with the team
  - If there is mutual trust, you are freer to explore and be less concerned with measures of failure
  - ☐ If there is resistance from developers, you may have to let participants continually fail and struggle



## Protect participants' rights

- Follow ethical guidelines for research with human participants
- The order of protection in data collection should be the participant first, the organization second, and data integrity third
- Ensure their safety and comfort (physical & emotional)
- Obtain informed consent
- Never pressure or coerce them
- Provide reasonable compensation for their time



## Remember your responsibility to future users

- One of your goals is make the product easier to use for all those who will use it in the future
- You are as much an objective observer as friendly facilitator
- Sometimes the test participants need to struggle and be frustrated to provide the data to motivate change
- You compensate them and you can support them, especially after the session
- It may help to invite them to take on this role of helping future uses



## Dealing with failure

- This is often the most difficult aspect of interacting
- Failure is part of the process of motivating product changes
- Your preventative actions in your instructions can help, but don't eliminate this problem
  - ☐ This is when they make statements to defend themselves
- Steps to minimize the impact of failure:
  - Make eye contact if you can
  - Remind them that they can't make a mistake
  - □ After the third (?) task, tell them how well they are doing
  - Be matter of fact, not emotional
  - □ Watch for signs of extreme frustration or shame silence, tears, anger, repetitive behaviors
  - Take a break



## Respect participants as experts but remain in charge

- Participants know their jobs and tasks
  - ☐ They are usually skilled professionals
- But they expect you to know what you are doing
  - You need to take charge of logistics and pacing
  - Maintain a calm, professional, matter-of-fact demeanor
  - Stay focused, not distracted
  - □ If you are unsure of what to do, take a break
    - Talk with developers about what to do next
    - Or have the participant leave the room while you work on a problem
    - Or use wireless communication with the developers

#### Rule 4

# Be professional, which includes being genuine

- Creating and maintaining a connection with participants is critical to their comfort and obtaining valid data
- Do's for making a connection
  - □ Greet them warmly
  - Look them in the eyes
  - □ Smile
  - □ Hold a relaxed posture
  - Listen attentively
  - □ Use acknowledgement tokens periodically
  - □ Use their name periodically
  - ☐ Use a modulated (even, calm) tone of voice
  - □ Adapt to the participant's interaction style

#### Rule 5

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## Let the participant speak!

- Minimize interruptions
  - Participants should talk 80% of the time
  - When in doubt, wait before saying anything
- Use acknowledgement tokens "mm hmm"
  - They allow the participant to stay in control of the communication. This is called "speakership."
- Saying nothing is still communicating



## Your intuition can help and hurt you

- With time and practice, your intuition will tell you what to do and it will tell you when you violate a rule – listen to it
- You have to learn to resist the natural tendency to make the participant feel better about failure
- You need to recognize when you are projecting your own emotions onto the participant

#### Rule 7



#### Be unbiased

- Watch out for adjectives and adverbs "easy", "hard", "helpful"
- Describe both sides of an issue like or not like, difficult or easy
- Turn questions around "Did you think that was the way to do that task?"
- Give the same feedback for negative and positive comments about the product
- You don't have to answer every question
- If you ask a question such as "How confident are you that you completed that task?" do it for every task
- In a summative test, minimize prompts

#### Rule 8



## Don't give away information inadvertently

- When giving an assist, consider whether what you say will affect a future task
- Avoid explaining the designer's intent or being defensive
- Record all suggestions without giving away product plans

#### Rule 9

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## Levels of assistance – all assists are not equal

- First, give as little assistance as possible (prompting)
  - □ "So what's happening?"
  - □ "Could you read the task again?"
- A little help
  - □ "Remember how you started this task? You were getting close"
  - □ "You actually went by the option you need"
- Give them only the next step
  - "Try looking in the File menu"
- Show them how to complete the task?



## Watch yourself to keep sharp

- We all develop bad habits it's not a failure
- We all hate to watch ourselves it's human nature
- It helps to practice with a friend give mutual feedback
- Look for annoying gestures, repeating words, facial expressions
- Offer to help your colleagues

## Videotape

## Discussion



### Conclusions

- The test experience should be positive for the participant, but some people will blame themselves no matter what you do
- Interacting with participants requires you to balance competing goals
- There is not such thing as a "perfect" test session
- "Allow yourself to do one 'stupid' thing every day" Mary Beth Rettger
- These rules provide a foundation, but every session is different – remain flexible and alert

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